

The Mayflower Inn – Restaurant Menu (All prices are in GH¢)

www.mayflowerinngh.com

BREAKFAST

Separate Menu

STARTERS

Chicken Wings	GHS 120
Hot Kelewele	GHS 60
(with Peanut, Cashew nuts, or avocado)	
Spring Rolls / Samosa	GHS 30
Vegetable Tempura	GHS 100
Mixed Tempura	GHS 130
Pork Chops	GHS 180
Chicken Nugget	GHS 80
Chicken Pieces	GHS 80
Chicken (Full)	GHS 280/300/380
Chicken (Half)	GHS 180/230
Chicken (Quarter)	GHS 120
Fried Guinea Fowl (Spicy)	GHS 300
Cream of Mushroom Soup	GHC 300
Beef fried Squid	GHC 230
Prawns Catlet Shrimps	GHC 300
Club Sandwich	GHC 220

OMELETTE / Side Bread

Scrambled Omelet	GHC 60
Spanish omelet	GHC 60
Mushroom omelet	GHC 90
Sunny Side up	GHC 70
Pouched omelet	GHC 70

SOUPS

Chicken Cream Soup	GHS 130
Goat Light Soup	GHS 150
Ghanaian Hot Pot Soup	GHS 130
Mayflower Special Soup (Goat & Dry fish)	GHS 150
Vegetarian soup	GHS 100

SIDES / EXTRA DISHES

Fried Rice, Jollof Rice, Fries, Plain Rice	GHS 60
Seasonal vegetables/ French Fries	GHS 60
Mashed/ Boiled/Sauté - potatoes	GHS 80
French Fries	GHS 60
Fried Plantain	GHS 60
Banku	GHS 30
Fried Egg only	GHS 30
Fried Yam Only	GHS 50

SALADS

Ceasar Salad	GHS 150
lettuce, croutons, parmesan cheese, Caesar dressing	
Chef's Salad	GHS 180
(Tuna, Croutons, Lettuce, Carrot, Cucumber, Black Olives, Parmesan Cheese with French)	
Mayflower Special Salad	GHS 180
(Chicken, Lettuce, Carrot, Cucumber, Avocado, Black Olives, Parmesan Cheese with French)	
Mixed Vegetable Salad	GHS 130
Tuna Salad	GHS 160
(lettuce, carrot, baked beans, tuna, egg)	
Chicken Salad	GHS 140
Avocado Salad	GHC 180
Apple Salad	GHC 160
Potato Salad	GHC 180

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MAIN DISHES

Grilled Chicken (with vegetables and a side dish)	GHS 170
Goat/Beef/Chicken/Mushroom (Fried rice / Jollof / Plain rice)	GHS 170
Fried Rice Chicken	GHS 140
Egg fried rice	GHS 130
Vegetable fried rice / jollof	GHS 130
Assorted Fried Rice / Jollof	GHS 220
Beef Jollof	GHS 180
Chicken Jollof	GHS 180
Jollof / Fried Chicken	GHS 140
Mayflower Special	GHS 220
Stir-Fried Vegetables	GHS 160
Fried Yam (Chicken / Fish / Sausage)	GHS 130/160/200
Beef Rib Eye Steak (with vegetables and a side dish)	GHS 250
Roasted Lamb chops (tender grilled lamb chops, served with seasonal vegetables and a side dish)	GHS 270
Charcoal Grilled Tilapia (with homemade spicy chili sauce and a side dish)	GHS 180/200/220
Charcoal Grilled Red Snapper (with Beans Sauce and a side dish)	GHS 200
Grilled Prawns (whole grilled prawns with seasonal vegetables, garlic butter sauce and a side dish)	GHS 280
Chicken Coconut Curry	GHS 250
Mushroom and Vegetable Coconut Curry (curried spiced vegetable sauce/ mushroom served with vegetables& a side dish)	GHS 220
Sweet & Soar Fish	GHS 190
Sweet & Sour Beef / Beef)	GHS 180
Sweet & Sour Chicken	GHS 170

SEA FOOD

Grilled Prawns (With side dish)	GHS 250
Golden Fried Prawns (Coated) (With side dish)	GHS 250
Butterfly Prawns (With side dish)	GHS 250
Mixed Grilled seafood (With side dish)	GHS 450
Fried Octopus (With side dish)	GHS 200
Sauté Octopus (With side dish)	GHS 220
Grilled Octopus (with tartar sauce/oyster sauce garlic bread)	GHS 220
Crispy Calamari (tartar sauce with garlic bread)	GHS190
Butterfly Prawns	GHS 220

LOCAL DISHES

Angwamo (Braised Rice) - (Rice & Oil) (Fried salted Tilapia /Fried Egg / Boiled Egg / Kelewele, Sausage) (With Sardine and Eggs)	GHS 180
Egusi Soup (with Boiled Yam or Swallow of Choice)	GHS 190
Kenkey Hot pepper/sardines	GHS 100
Red Snapper	GHS 180
Ampesi (Yam / Plantain) (With Palava Sauce / Garden Egg Stew / Fish /Chicken)	GHS 200
Banku Okro (Fish/Cowleg/ Crab/ Wele)	GHS 180/220
Grilled Tilapia (With Banku, Yam Chips or Jollof)	GHS 180/200
Goat Pepper Soup (tomato broth, garlic, chili with fufu)	GHS 190
Plantain and Beans (Red Red) (Chicken / Egg)	GHS 60 GHS 100
(Fish/Goat/Beef)	GHS 120
Waakye (Egg / Sausage) - Gari and Macaroni – optional)	GHS 100
Waakye (With Beef, Goat or Fish (Gari and Macaroni)	GHS 150

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PASTA

Classic Shrimp Scampi	GHS 200
simple garlic, white wine/butter sauce with crunchy bread sauté potatoes	
Mac & Cheese	GHS 200
Spaghetti Carbonara	GHS 300
with eggs, hard parmesan cheese, bacon, and black pepper	
Spaghetti Napolitan	GHS 200
Pasta of the day	GHS 190
spaghetti, linguine/penne, arabiata sauce, vegetables with parmesan cheese	
Spaghetti Bolognese	GHS 180
Assorted Noodles	GHS 190
Chicken Noodles	GHS 170
Vegetable Noodles	GHS 160
Beef Noodles	GHS 180

PIZZA

	SMALL	MEDIUM	LARGE
Margarita Pizza	120	150	180
(tomato, onion, mozzarella cheese, fresh basil)			
Chicken Pizza	130	150	180
(Chicken, Onions, Green Pepper, Cheese)			
Beef Pizza	130	150	180
(Beef, Onions, Green Pepper, Black Olive, Cheese)			
Mushroom Pizza	150	170	190
(Mushroom, onion, cheese, tomato sauce)			
Vegetable Pizza	150	170	180
(Green Pepper, Onions, Green Pepper, Spring Onion, Cheese)			
Mayflower Special	180	200	220
(Chicken, Sausage, Tuna, Onions, Tomatoes, Green Pepper, Black Olives, Cheese)			
Ella Special	180	200	220
(Squid, shrimp, Tuna, sausage, tomato, and onions, cheese)			
Vegetable Pizza	140	160	180
(Mushrooms, spinach, green peppers, onions, olives, basil, mozzarella cheese marinara sauce)			
Calzone Pizza	170	190	220
(Mozzarella cheese, Ricotta cheese, Pepperoni, Sausage, Tomato sauce, Olive oil, oregano, mushrooms, bell peppers, spinach, or onions).			
Seafood Pizza	220	280	320
Tomato, garlic cream sauce, Cheese, Shrimp, calamari rings, mussels, Garlic, minced, Olive Oil, Fresh basil, parsley, oregano, Salt, black pepper			

SAUCE WITH RICE/POTATOE

Chicken Curry Sauce	GHC 230
Beef Vegetable Sauce	GHC 250
Octopus Sauce	GHC 260
Sweet & Soar Beef Sauce	GHC 270
Prawns Vegetable Sauce	GHC 320
Chicken Casserole	GHC 300
Spicy Octopus	GHC 280
Mixed Sea food	GHC 350

DESSERTS

Chilled Coconut Drink	GHS 30
Pancake (Chocolate, Vanilla)	GHS 50
Marble Cake Strawberry, Mango or Vanilla	GHS 60
Avocado Cream	GHS 80
Banana Date Oatmeal Smoothie	GHS 80
Pawpaw Smoothie	GHS 70
Fruit Platter	GHS 170
Mint Cake (With ice cream)	GHS 100
Tiramisu (With ice cream)	GHS 120
Coconut & Banana Tart (With ice cream)	GHS 100
Assorted Fruits Salad (With yogurt and honey)	GHS 180
Chocolate & Banana Pudding (With ice cream)	GHS 130